

List of All Publications with the KRI Seal of Approval

Please note – the titles in italics are either written by Yogi Bhajan or contain virtually 100% material from the teachings of Yogi Bhajan

Author/Publisher	Name of Publication	Available From
Books		
Arnbjorg Kristin Konradsdottir Amanroop Kaur	True Nature in Iceland	arnbjorg.kristin@gmail.com aquarianwisdom.com; spiritvoyage.com; a-healing.com
Aquarian Wisdom	Yogi Bhajan Everyday - Daily Inspirational Calendar	spiritvoyage.com; a-healing.com
Darshan Singh Khalsa	Yoga Secrets for Business Success	amazon.com
	TSM Courseware	dkhalsa@transitionstressmanage.com
Dharma Singh Khalsa, M.D.	The Pain Cure Brain Longevity Meditation as Medicine Food as Medicine	amazon.com drdharma.com
Gurudarshan Kaur Khalsa	Kundalini Blessings Cards	www.AquarianVision.com
Guru Dev Singh	Sat Nam Rasayan: The Art of Healing	gurudevsnr.com kirpal@gurudevsnr.com
Guru Dharam S. Khalsa and Darryl O'Keeffe	The Kundalini Yoga Experience Kundalini: the Essence of Yoga	books.simonandschuster.com amazon.com
Guru Kirn Kaur Khalsa	Mala Meditation	Out of Print
Guru Prem Kaur Khalsa	Meditations for the new Millennium – 1999, 2000, 2001 A Year with the Master	yogagems.com; amazon.com; spiritvoyage.com; a- healing.com;
Guru Prem Singh Khalsa	Divine Alignment	yogatech.com amazon.com; spiritvoyage.com; a- healing.com;
	The Heart Rules Yoga for People from Whacky Families Mending Alcoholism and Substance Abuse	yogatech.com spiritvoyage.com spiritvoyage.com
Jivan Joti Kaur Khalsa	The Art of Making Sex Sacred	amazon.com; spiritvoyage.com; jivanjotikaur@gmail.com
Guru Terath Kaur Khalsa, Ph.D.	Dying Into Life: The Yoga of Death, Loss and Transformation	jivanjotikaur@gmail.com
		amazon.com; store.goldenbridgeyoga.com; spiritvoyage.com; yogasantafe.com; a-healing.com; newleaf- dist.com
Guruchander Singh Khalsa, D.C.	Numerology as taught by Yogi Bhajan Tantric Numerology	
Hari Charn K Khalsa	Lunar Woman	hck@kriteachings.org
Hari Kaur Khalsa	A Woman's Book of Meditation - The Power of a Peaceful Mind (Penguin)	search.barnesandnoble.com; amazon.com; spiritvoyage.com; a-healing.com; us.penguin.com

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Author/Publisher	Name of Publication	Available From
SS Jot Singh Khalsa	<i>The Essential Element: How to get the most out of Yogi Bhajan's core teaching-Morning Sadhana</i>	jotkhalsa@me.com
Machelle Seibel M.D. & Hari Kaur Khalsa	A Woman's Book of Yoga - Embracing Our Natural Life Cycles (Penguin)	search.barnesandnoble.com; amazon.com; spiritvoyage.com; a-healing.com; us.penguin.com
Jacqueline Koay & Ek Ong Kar Singh	The Kundalini Yoga Cookbook	Out of Print
Kathe Forrest/Sir Kirin Kaur	<i>Keep Up Memoir of Awakening Change - Journal of 40, 90, 120 Day Practice</i>	kforrest58@gmail.com
L Hari Har Singh aka Brian Lawson	<i>Mantralogy: An Anthology of Sacred Chants</i>	l@thedivineportal.com mahankirn@yahoo.com
Mahan Kirn Kaur Khalsa	Bound Lotus (An Instructional Manual)	spiritvoyage.com
Manjit Kaur Khalsa	Radiance and Victory	Out of Print
Mukta Kaur Khalsa, Ph.D.	Meditations for Addictive Behavior - as taught by Yogi Bhajan. A System of Yogi Science with Nutritional Formulas	itascabooks.com; amazon.com; spiritvoyage.com superhealth12@gmail.com
	<i>Manual for SuperHealth Training</i>	superhealth12@gmail.com yogatech.com; kriteachings.org; kundaliniyoga.net; spiritvoyage.com
Nirvair Singh Khalsa	Yoga for Skiers and Runners Art, Science and Application of Kundalini Yoga Yoga for Health, Relaxation and Well-being Heal Your Back Now Ten Light Bodies of Consciousness (also video)	spiritvoyage.com
Robyn Landis with Karta Purkh Singh Khalsa	Herbal Defense	barnesandnoble.com; amazon.com;
Sandra Tan Halliday	Kundalini Yoga: Unlocking the Secrets to Radiant Beauty & Health	amazon.com
Sangeet Kaur Khalsa	Womanheart - Healing Our Relationships Loving Ourselves	spiritvoyage.com; amazon.com healingsource.com
Sat Bir Singh Khalsa with Jodie Gould	<i>Your Brain on Yoga (ebook)</i>	www.health.harvard.edu
Sat Dharam Kaur, N.D.	A Call to Women	amazon.com
Sat Kaur Khalsa	Sacred Sexual Bliss	amazon.com; spiritvoyage.com amazon; spirit voyage
Shakta Kaur Khalsa	Fly Like a Butterfly: Yoga for Children Kundalini Yoga Yoga for Women	shaktakhalsa@mac.com
Shakti Parwha Kaur Khalsa	Kundalini Yoga – The Flow of Eternal Power Marriage on the Spiritual Path Kundalini Postures & Poetry	Spiritvoyage.com; amazon.com; yogatech.com; alibris.com Sold by KRI Sold by KRI
Siri Amir Singh Khalsa	The Ancient Art of Self Healing	Out of Print
Siri Atma Singh Khalsa, M.D.	Waves of Healing: Listening to the Voice of Your Soul	drsiriatma.com

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Nam Kaur Khalsa & Dr Siri Atma Singh Khalsa	<i>Aquarian Relationships</i>	namkaur@gmail.com
Siri Datta	Open Your heart with Kundalini Yoga	amazon.com
Siri Kirpal Kaur Khalsa	Yoga for Prosperity Sikh Spiritual Practice: The Sound Way to God	amazon.com; spiritvoyage.com; skirpal@pcez.com yogatech.com
Donald Keith Stanley	Plus-Sized Yoga: Beginners Yoga for People of all Sizes	amazon.com; Atlas Books: 1-800-266-5564 info@dkcreative.com plussizedyoga.com.
Dr Subagh Singh Khalsa	The Success of the Soul Meditation for Absolutely Everyone	amazon.com amazon.com
	Anatomy of Miracles	(free download) lulu.com
	Healing Ourselves, Healing the World: A Manual of Mystic Meditation	amazon.com; (free download) lulu.com
Susan Q Brown Sat Dharam Kaur	<i>One Heart Four Seasons</i>	susangbrown@tds.net
Tarn Taran Kaur Khalsa	Fountain of Youth Conscious Pregnancy	lulu.com ttk@kundaliniwomen.org
Waheguru S. Khalsa, D.C.	The Miracle of Healing Hands	newleaf-dist.com; yogatech.com amazon.com; waguru@mindspring.com
Other Languages		
Arnbjorg Kristin Konradsdottir	<i>True Nature in Iceland(Icelandic)</i>	arnbjorg.kristin@gmail.com
Amanroop Kaur	Kundalini Yoga (German)	
Anand Kaur Seitz, Germany		
Dya Singh	<i>Improve Communication Power in Yoga(Japanese)</i> <i>Improve Detoxification in Yoga(Japanese)</i>	
Guru Nam S, TX	Kundalini Yoga – Principles and Practice	
Guru Nam S, TX	Foods for Health and Healing (Spanish)	
Guruchander Singh Khalsa	Numerology (Spanish)	
Kerstin Harder-Leppart	<i>Yoga fur das Immunsystem(German)</i>	
Klaus Stulpnagel		
Sat Hari Singh	<i>Das Herz des Yoga(German)</i>	sathari.khalsa@yogaproducts.com
Liina Ravneet Elvik	<i>The Wonderworld of Yoga (Estonian)</i>	ravneet@kundalinijooga.com
Mirelle van den Anker		
Sat Kirtan Kaur	<i>Invest in Yoga (Dutch)</i>	mirelle7@gmail.com
Sadhana Singh		
Alessio Avenali	Aradhana	
	Leadership e Successo	
Satya Singh Khalsa, Germany	Kundalini Yoga handbuch (German)	
	Das Yoga Buch vom Leben und vom Sterben(German)	satya.singh@hamburg.de
Sylvie Herwig & Petra Negele	Emotionale Balance (German)	sylvia_herwig@t-online.de
	Kundlaini Yoga - Erkennen Sie Ihr wahres selbst durch die universale Lebenskraft(German)	
Ulrike Reiche		
Thomas Wesselhoft	<i>Eins Werden mit sich und der Welt(German)</i>	info@satnam.eu

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Miriam Wessels	Kundalini Yoga (German)	Miriam@MiriamWessels.de
Wiveca Hjalmarsson , Sweden	Kundaliniyoga (Swedish)	

DVDs/Videos

B.J McNeillie	<i>Kundalini Yoga for the Digestive System</i>	
B.J McNeillie	<i>Kundalini Yoga for Releasing Stress</i>	
Bir Kaur Khalsa	Prenatal Yoga with Bir Kaur	birkaur@mabirth.com
Gurutej Kaur, CA	Chakra Yoga	
Helen Arpin	Kundalini Yoga	
Nathaniel A Fisher		
Nirbhao Singh Khalsa	Kundalini Yoga for Health, Healing and Heart Chakra	nirbhaosingh@yahoo.com

Nirvair Singh Khalsa	<i>Kundalini Yoga:A Complete Course for beginners</i>	
Nirvair Singh Khalsa	<i>Yoga for Relaxation Vol 1&2</i>	
Nirvair Singh Khalsa	<i>Prosperity is Green</i>	
Nirvair Singh Khalsa	<i>Breathe Alaska</i>	

Nirvair Singh Khalsa	<i>Ten Light Bodies of Consciousness (video and book)</i>	
Nirvair Singh Khalsa	<i>Relaxing into the Deeper Mysteries</i>	
Nirvair Singh Khalsa	<i>Healing Yourself and Others</i>	
Nirvair Singh Khalsa	<i>Building Your Strength as a Healer</i>	
Nirvair Singh Khalsa	<i>Heal Your Back Now</i>	
Nirvair Singh Khalsa	<i>Weight Control with Kundalini Yoga</i>	
Nirvair Singh Khalsa	<i>Morning and Evening Routines</i>	
Nirvair Singh Khalsa	<i>Early Morning Sadhana</i>	

Nirvair Singh Khalsa	<i>Let us Walk Tall with the Strength of Kundalini Yoga</i>	
Nirvair Singh Khalsa	Add grace and Prosperity with Kundalini Yoga	

Sangeet Kaur	Starcode of Destiny	
Sat Jivan S	Kundalini Yoga for Inner Peace	
Shakta Kaur	Lunar Woman (DVD)	

Apps

Sat Mandir Singh Khalsa	Kundalini Mobile	smkhalsa@gmail.com
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Music

3HO Foundation	30 Year commemorative CD	
Corina Bartra	Ecstatic Chants from the Infinite	
Devinder Kaur	Echo Gong CD	
	Mantras, Mudras and the Spirit (7 cassettes sold separately) Rereleased on one DVD as Enchanting	
	Mantras and Mudras	
Dev Suroop Kaur Khalsa	6 meditation CDs	
Dr Dharma Singh	Japji	
Guru Raj Kaur	Har Har Har Har Gobinday	
Guru Shabd Singh	Jalay Hai Thalay Hai	
Guru Shabd Singh	Har Haray Haree Wahe Guru (cassette)	
Hari Bhajan Kaur Khalsa	Gong CD	
Hari Simran Singh Khalsa	Gong II	
Los Angeles jetha	I am Unto Victory, I am (cassette)	
Mata Mandir S	Furmaan Khalsa	
Nirinjan Kaur Khalsa	The Therapy Series audiotapes (14 cassettes, 6 CDs)	

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Sat Kirin Kaur Khalsa	Shabd Vol II	
Sat Kirin Kaur Khalsa	Universal Prayer	
	Ignite Your Light	
Santokh Singh Khalsa, D.C.	Mantras of the Master	spiritvoyage.com; yogatech.com;
Seva K Khalsa, Harbhajan K Khalsa	Before the Dawn	store.goldenbridgeyoga.com
Seva K Khalsa, Harbhajan K Khalsa	Guru Ram Das Chants	
Shakta Kaur	children's CD	
Simran K with Kirtan S Khalsa	Tantric Mool Mantra (cassette)	
Simran Kaur Khalsa	Tantric Har (cassette)	
Wahe Guru Kaur Khalsa	Aquarian Sadhana (cassette or CD)	
Wahe Guru Kaur Khalsa	Sant Kee Chaal (cassette or CD)	
Wahe Guru Kaur Khalsa	Gift From the Journey (cassette)	